

TERM 4 PROGRAMMES

MONDAY 14 OCTOBER – SUNDAY 22 DECEMBER



External bookings - Contact the providers before the session.

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|--|--|
| YOGA 8.00am – 9.00am \$12.50 per person or \$112.50 for 10 sessions | | YOGA 8.00am – 9.00am \$12.50 per person or \$112.50 for 10 sessions | PRO DANCE Legends 60+ 9.30am - 10.15am Adults 10.15am - 11.15am | | |
| YIN YOGA 9.15am – 10.15am \$12.50 per person or \$112.50 for 10 sessions | PRO DANCE ADULTS 9.30am - 10.30am | SENIOR YOGA 9.15am – 10.15am \$12.50 per person or \$112.50 for 10 sessions | KIDDY KICKERS 10.30am - 11.30am \$5 | THE FRIDAY BURN 9.15am – 10.30am \$15.00 per person or \$135.00 for 10 sessions | |
| | SENIOR STRENGTH 11.00am - 12.00pm \$15 | PRO DANCE LEGENDS 60+ 10.30am - 11.15am | BEELEAVE FOAM ROLLER PILATES 12.00pm – 1.00pm | | |
| YOGA 1.00pm – 2.00pm \$12.50 per person or \$112.50 for 10 sessions | | | POCKET ROCKETS BASKETBALL 3.30pm – 4.30pm | YOGA 1.00pm – 2.00pm \$12.50 per person or \$112.50 for 10 sessions | SOCIAL PICKLEBALL 1.30pm – 3.00pm \$5 per session |
| | MINT DANCE 3.30pm – 5.30pm | | SAMURAI KARATE Little Kids 3.45pm - 4.45pm Kids 4.45pm - 6.00pm | | CLOSED 3.00pm |
| SOCIAL PICKLEBALL 6.00pm – 8.00pm \$5 per session | SOCIAL TABLE TENNIS 6.00pm – 8.00pm \$5 per session | SAMURAI KARATE Sport Karate 4.30pm - 5.30pm Adults 5.30pm - 6.45pm | PRO DANCE ADULT HIP-HOP DANCE 7.30pm - 8.30pm | | |
| POLE DANCING 6.00pm – 8.00pm | POLE DANCING 6.15pm – 8.15pm | PRO DANCE ADULT FUNK JAZZ 7.00pm - 8.00pm | SOCIAL BADMINTON 6.00pm – 8.00pm \$5 per session | | |
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SCAN THE QR CODE TO CONTACT EXTERNAL PROGRAMMES



Paetara Aspiring Central
 QUEENSTOWN LAKES DISTRICT COUNCIL

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